





It was a beautiful fall day when ten members and one guest left for Stillridge Herb Farm in Woodstock, Maryland. It was a delightful drive as the foliage was at its peak.

Mary Lou Riddle, Herbalist and owner, met us with Herb Tomato Juice. She presented a lecture on growing and using herbs and a tour of Stillridge Herb Farm. We then enjoyed an Herbal Luncheon of Burnet Spread w/crackers, Herb Potato Soup, Creamed Chicken w/Rosemary over Herb Rice, Peas w/Tarragon, Garden Salad w/Herb Dressing, Herb Rolls and Ice Cream w/Strawberries w/Mint.

