

Mt. Aisy Clay Breakers Garden Club

January 9, 1986

The Mt. Aisy Clay Breakers Garden Club met at the home of Peggy Martin on January 9, 1986. The hostess gave a most interesting slide presentation of her trip to West Germany and Austria, & United States.

Julie Harrison called the meeting to order at 8:30 P.M. Thirteen members answered roll call.

The minutes of the December meeting were read and approved.

The treasurer reported a balance on hand of \$315.05

Correspondence: Thank you notes from Julie and from the Clay Breakers (Courtesy of Sunshine Chairman) to John, for the Christmas Party were read.

Civic Development: Betty reported that two of the shrubs at the park entrance seem to be dying.

Education: Margaret Hicks gave a list of New Year's Resolutions for gardeners including

1. Build a compost heap
2. Keep tools clean

3. Service the lawn mower
4. Try some different varieties of vegetables in the garden
5. Prune your Forsythia

Horticulture: Marty Harman gave a report on medicinal uses of herbs. Some of the uses were as follows.

1. Calendula petals can be substituted for saffron.
2. Fox glove is still grown for digitalis
3. Vitamin C syrup can be made from rose hips
4. Aloe Vera is good for treating burns
5. Water Cress is an excellent source of Vitamin C and mixed with honey makes a Cough Syrup.
6. Lobelia leaves may be smoked to treat asthma
7. Globe artichokes give you a quick pick me up.
8. Poke weed has a natural form of interferon.
9. Pomegranates are naturally anti-bacterial

Sunshine: A card was sent to Vivian Lynn during her illness.

Map and Means: Marie suggested we have our flea market in May. Everyone was urged to start plants from cuttings now. There will be an auction at the February meeting.

Design: Anne DeBecker will be away

in April and suggested we set our mini-flower show for May 3, instead of April. Next month (February) she will have a schedule written up and make assignments. She suggested Adventure as the theme for the show.

There was no Old business

New Business: The club voted that the tour of Doug McDaniel's yard and neighborhood was the most interesting program of the year.

The meeting adjourned.

The hostess served delicious refreshments including hot ham biscuits from a table centered with an arrangement of carnations and ivy.